

*W.H. Gordon*

# DR. A.W. CHASE'S CALENDAR ALMANAC

**WIN FREE TRIP to British Isles**  
ON QUEEN MARY OR QUEEN ELIZABETH  
**48 OTHER VALUABLE PRIZES**

**1949**  
EDITION



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The Dr. A. W. Chase Building  
at Oakville, Ontario, Canada



# SIGNS OF THE ZODIAC



### Seasons

**Spring**—Sun enters Aries, Spring begins 20th March, 6.49 p.m. Maritime Provinces and Newfoundland. 5.49 p.m. Ontario and Quebec. 4.49 p.m. Manitoba. 3.49 p.m. Northwest Provinces. 2.49 p.m. British Columbia.

**Summer**—Sun enters Cancer, Summer begins 21st June, 2.03 p.m. Maritime Provinces and Newfoundland. 1.03 p.m. Ontario and Quebec. 12.03 p.m. Manitoba. 11.03 a.m. Northwest Provinces. 10.03 a.m. British Columbia.

**Autumn**—Sun enters Libra, Autumn begins 23rd September, 5.06 a.m. Maritime Provinces and Newfoundland. 4.06 a.m. Ontario and Quebec. 3.06 a.m. Manitoba. 2.06 a.m. Northwest Provinces. 1.06 a.m. British Columbia.

**Winter**—Sun enters Capricornus, Winter begins 22nd December, 12.24 a.m. Maritime Provinces and Newfoundland. 11.24 p.m. Ontario and Quebec. 10.24 p.m. Manitoba. 9.24 p.m. Northwest Provinces. 8.24 p.m. British Columbia.

# FREE!

If you should lose this copy of the Almanac or wish an additional copy, write to Dr. A. W. Chase Medicine Co. Ltd., Oakville, Ontario, and we will mail you a copy free.

Keep this Almanac in a handy place. It is full of information that should prove useful to every member of your household. In addition to a calendar for each month, the weather forecast and moon and sun tables, this year's Almanac contains a dictionary of dreams and their meanings, an astrological solar forecast for your birthdate, a cagliastro method of telling fortunes with dice, a handy table showing how various spots and stains may be removed from clothes, a table of weights and measures, a wedding anniversary gift list, and many stunts and tricks that will entertain young and old alike.

It's a good idea to hang this Almanac up, with the current month exposed, and use it as your regular calendar.

## Letters from Readers

We are always interested in hearing from readers of the Almanac telling of their experience with Dr. Chase's Medicines.

Won't you drop us a line saying what particular medicine you are taking or have taken, and what results you have gained by doing so? Perhaps we could use your letter and snapshot (if you enclose one) in next year's Almanac. Please let us know if we have your permission to use your letter in our advertising. It may be that your experience with a Dr. Chase Medicine may be the means of some other person finding relief.

We will send the writers of the best letters, a free gift with our compliments. Write Dr. A. W. Chase Medicine Co. Ltd., Oakville, Ontario.

## 1949

Dominical Letter..	B	Solar Cycle ....	26
Epact.....	30	Roman Indiction.	2
Golden Number...	12	Julian Period....	6662

The year 5710 of the Jewish era begins at Sunset on September 23rd, 1949, Gregorian Calendar.

The year 1369 of the Mohammedan era, or era of the Hegira, begins at Sunset on October 23rd, 1949.

The fourteenth year of the reign of King George VI begins December 12th, 1949.

The 83rd year of the Confederation of the Dominion of Canada begins July 1st, 1949.

The 174th year of the Independence of the United States begins July 4th, 1949.

January 14th, 1949, Gregorian Calendar, corresponds to January 1st, 1949 Julian Calendar.

## Eclipses 1949

(75th Meridian Standard Time)

I.—TOTAL ECLIPSE OF THE MOON, April 12th and 13th, 1949, visible in eastern Canada as follows: Eclipse begins 9.28 p.m. April 12th, ends 12.54 a.m. April 13th.

II.—PARTIAL ECLIPSE OF THE SUN, April 28, 1949, invisible in North America. Visible in Europe and northern Africa.

III.—TOTAL ECLIPSE OF THE MOON, October 6th, 1949, visible eastern Canada as follows: Eclipse begins 8.05 p.m., ends 11.48 p.m.

IV.—PARTIAL ECLIPSE OF THE SUN, October 21st, 1949, invisible in North America. Visible in Australia.

# NO SUCH THING AS GOOD HEALTH

A noted Doctor recently made the statement that there is no such thing as good health, only a state of complete neutrality.

Perfect health may be said to be a condition of the vital organs, which make their presence unfelt in the human body. Health is simply physical unconsciousness; the organs functioning so perfectly that they give no hint of their action.

When one of your organs makes its presence felt, and you are conscious of your kidneys, liver, stomach, or bowels, you may take this as a sign that this organ is in some form of distress. It is a signal—a warning from Nature to beware.

Unless you recognize and obey that signal, by taking immediate steps to remedy the trouble, your health, success, and happiness, in the future, are in jeopardy. Procrastination simply means putting something off. Don't procrastinate in your attitude toward taking a remedy for a disturbing condition.

If you, or some member of your household, is suffering from some aggravating, yet perhaps minor symptom, you will read true-to-life stories in this Almanac how other people such as you found relief from their condition, through the use of a Dr. Chase Product. Find the remedy that would appear to suit your condition best, and start taking it right away. Not tomorrow, but today!

## FIGURE THIS OUT

A mother sends her son to the well to get water. She gives him two pails: a five gallon pail and a three gallon pail. He is told to bring back exactly seven gallons of water using no other measure and must not depend on guess work. How does he do it?

You should answer this within 45 seconds. For correct answer see page 12.

## "CUTE"

On one side of a small piece of paper write "Why did you pick 3?"

On the other side write 1, 2, 3, 4, one figure under the other, then show this side of the paper to a friend and ask him to mentally select one of the numbers. When he is ready, turn the paper and let him read the other side. 9 out of 10 times you'll be right.

# Easily Tired?

Many people have a feeling of general tiredness all the time. Others tire easily. This condition, of course, is just as truly a symptom of ill health as a headache, a backache, or skin eruptions.

This state of general tiredness may be brought about by one of many causes. Sometimes such a condition is brought about as the result of malnutrition or anaemia, which in turn causes a nervous reaction, bringing about other symptoms such as loss of appetite, poor digestion, irritability, sleeplessness, and a host of discouraging, aggravating disturbances.

Dr. Chase's Nerve Food, taken regularly, sets about to restore such vital mineral substances of the body as iron and manganese. This fine Nerve Food influences the nutritive processes and blood-making organs of the body, stimulates the flow of gastric juices and helps tone up the alimentary system.

Dr. Chase's Nerve Food assists nature in its job of extracting from the food you eat, the elements necessary to relieve you of such symptoms of poor health as general tiredness, anaemia, irritability, and sleeplessness. People who are high strung, jumpy, run-down, and suffering from nervous indigestion, may note an improvement in their health within one week after starting to take Dr. Chase's Nerve Food.

Mrs. J. A. Costain of Elmsdale, Prince Edward Island, says: "After my second baby, I was completely run-down; my nerves were on edge; I cried without knowing what I was crying for; had dizzy spells and couldn't sleep. I started taking Dr. Chase's Nerve Food, and after the first two boxes, I started to improve. Soon I was doing my own work again, rested well at night, and felt as good as I ever did."

"I was over-worked and nervous, couldn't sleep at night. After taking Dr. Chase's Nerve Food, my nervousness was relieved and I got a full night's rest"—Mrs. W. Lavoie, New England P.O., Minto, N.B.

"I was weak, skinny, run-down, and nervous. A few boxes of Dr. Chase's Nerve Food made me feel like a new woman."—Mrs. Garnet Trewin, Dorion Station, Ontario.

"I was pale, thin, and in a weakened condition. My husband ordered six boxes of Dr. Chase's Nerve Food, and from the first box my colour and appetite improved, and I gradually began to feel stronger. Wouldn't be without Dr. Chase's Medicines in the house."—Mrs. G. A. Wright, Arelle, Saskatchewan.

## YOUNG MAN OF 19 COULD NOT SLEEP



Roger Robitaille

It is no recommendation to our modern way of life that young people should develop nervous symptoms that make them tense, nervous and jumpy. Mr. Roger Robitaille says: "I read about Dr. Chase's Nerve Food in the newspaper and also your almanac and started taking it. Within two weeks, I began to get results. My appetite improved, my stomach upsets were relieved and I began to rest well at night. I can recommend Dr. Chase's Nerve Food to anyone who is tense, nervous and high strung as I was."

Mr. Robitaille, while a young man, knows what it is to suffer from nervous symptoms, and his advice to others who suffer as he once did is certainly worth taking.

### HIGH COST OF LIVING

A Southern minister used as the text for his sermon "Free Salvation". After the collection had been taken, he complained of how little the offering amounted.

"Didn't you say, Reverend, that Salvation was free? free as the water we drink?" asked a parishioner.

"Salvation is free, brother", replied the minister. "Salvation is free, water is free, but when we pipe it to you, you have to pay for the piping".

Examiner—"When's your birthday?"

Hillbilly—"Maw never told me, but I'm 32. Maw told me once and after that it was easy, all I did was add a year every plowing."

Examiner—"When did you add the year? At the spring or fall plowing?"

Hillbilly—"Aw heck, that explains it. I thought I was getting old too fast."

### ANSWER TO "FIGURE THIS OUT"

(For Problem see page 5)

The boy fills the five gallon pail and then fills the three gallon pail from the five. This means he has two gallons of water left in the five gallon pail. He empties the water out of the three gallon pail upon the ground, then pours the two from the five gallon pail into the three gallon pail. He then fills the five gallon pail and he has exactly seven gallons.

## ACTIVE WOMAN LAID LOW BY NERVOUS SYMPTOMS



Mrs. Robert Mader

There is nothing more distressing to an active person than suddenly to develop nervous symptoms that prevent them from being their usually cheerful selves. Unfortunately, it is very often the active person who suffers from nervous disorders.

Mrs. Robert J. Mader of Clearland, Nova Scotia, has always been an active, alert woman. Imagine her dismay at finding herself developing nervous symptoms.

Mrs. Mader writes: "I was tired, had a feeling of being rundown all the time, and yet I could not sleep properly. I was most unhappy because I was used to being so active. While feeling very low, I started taking Dr. Chase's Nerve Food and I started to pick up right away. I no longer felt rundown and tired and I found I could rest properly when I went to bed. I can't help but praise Dr. Chase's Nerve Food for what it has done for me."



Ask someone to hold a pencil tightly and firmly with one hand at each end of the pencil. Tell them you can defy any law of physics by breaking the pencil in two by striking it with a folded dollar bill.

HOW TO DO IT: Fold a crisp new bill in half the long way. Grasp the folded bill at one end in your right hand, swing the bill above the pencil and strike the pencil with it as you would with an axe. Swing twice, hit the pencil twice. Swing a third time, but as you hit the pencil, extend your first or index finger along the side of the folded bill. This time you actually strike the pencil with your hidden finger and the pencil breaks cleanly.

Be sure to stand so that the folded bill hides your finger, do the trick fast, and hit the pencil hard every time. Practice in front of a mirror a few times before attempting this trick.

## WOULD DR. CHASE'S NERVE FOOD HELP YOU?

Below is a check list of some of the common symptoms of Nerve trouble. Check the squares opposite each symptom that affects you. A check mark in one or more squares means that you should try Dr. Chase's Nerve Food immediately.

- Are you irritable a good deal of the time?
- Are you nervous, high strung, or jumpy?
- Do you tire easily?
- Do you have difficulty getting a good rest at night?
- Do you feel run down?
- Do you have a nervous stomach?
- Do you have dizzy spells?
- Are you in the "Change of Life" and does it depress you?
- Do you have to pick and choose your food?

The symptoms listed above are those most commonly referred to by the thousands of people who have found relief from their suffering by taking Dr. Chase's Nerve Food.

Among the first to tell a joke concerning the thriftiness of a Scot, is a Scotchman. And the Scotchman who had come to Canada at an early age and made his fortune, is no exception. After he became wealthy, he took a trip back to his native village in Scotland. As he stepped off the train, he looked around for some sign of his kinfolk. He saw three figures who seemed vaguely familiar and, on close inspection, recognized them as his brothers. But each of them had beards down to their waists.

"Now what would the three of you be growing beards like that for?" he asked.

"We had to", answered the eldest. "When ye wint to Canada, ye took the razor with ye".

Daughter of the House—"Do you like girls?" Young Man Calling—"Sure I do."

Daughter of the House—"When did you first like them?"

Young Man—"Just as soon as I found out they weren't boys."

(Continued from page 3)

# Dreams

- Balloon..... Unexpected news.
- Bandits..... Success in business.
- Barber..... Success.
- Barn..... A change.
- Basket..... Business decay.
- Bath..... Good health.
- Bat..... A quarrel.
- Battle..... A disaster.
- Beard..... Distress.
- Bed..... A move.
- Beer..... Trouble.
- Bees..... Are lucky.
- Bells..... Good news.
- Blend..... False friends.
- Canoe..... Prosperity.
- Cards..... Success in love.
- Castle..... Wealth.
- Chain..... Sorrow.
- Chicken..... Good news.
- Child..... A good omen.
- City..... Riches.
- Crows..... News.
- Dancing..... Love and friends.
- Dentist..... Caution.

(Continued on page 17)

## NERVOUS CHILDREN WITH POOR APPETITES

### Quickly Respond to Dr. Chase's Nerve Food

Are your children jumpy, inclined to squirm and toss in their sleep, to frighten easily? Do they often need coaxing to eat their proper meals, yet seem to continually crave sweets?

Nervous disorders in children take many forms, and a child does not necessarily have to look pale or anaemic to be tense and nervous. Dr. Chase's Nerve Food has been used for over fifty years by mothers who realized that this fine medicine has tonic properties that help whet a child's appetite, and help the child's digestive system extract full nutritive value from food.

Happy, healthy children often owe their good fortune to the wise mother who keeps up her own health forces during pregnancy, and who sees that her child, during the important growing-up years, eats properly and gets from food the essential factors to make for strength and health. Will you allow Dr. Chase's Nerve Food to help your children?

# BACKACHE MADE LIFE A MISERY



When backache strikes a young man, it seems a pity that youthful vigour should have to bow to the strength of pain. Mr. Gustave Marcotte, 6713 De Normanville Street, Montreal, writes as follows:

"I suffered a great deal with backache, which made it difficult for me to straighten up. Sometimes I would be bilious and suffer from indigestion. A friend suggested that I take Dr. Chase's Kidney-Liver Pills, and I followed his advice. Right from the first dose these pills helped me, and on continuing with them, they relieved me of all the pain in my back and the bilious indigestion. I have since recommended Dr. Chase's Kidney-Liver Pills to my friends."

Mr. Marcotte had the good fortune to have a friend who suggested he try Dr. Chase's Kidney-Liver Pills, and found relief from his condition by following the advice. You may find relief, if you suffer, in this way, by starting now to take Dr. Chase's Kidney-Liver Pills.

## THINK OF A NUMBER

Ask someone to think of a number between one and ten. When they have thought of the number, ask them if it is odd or even. When they tell you, you tell them the number they were thinking.

**How To Do It**—Nine times out of ten if the person says "even" they were thinking of 6, if they say "odd" they thought of 7.

**Warning**—Never repeat the trick twice on the same person or in the same audience.

## WEDDING ANNIVERSARIES

- |               |                 |
|---------------|-----------------|
| 1.....Paper   | 15.....Crystal  |
| 2.....Cotton  | 20.....China    |
| 3.....Leather | 25.....Silver   |
| 4.....Flowers | 30.....Pearl    |
| 5.....Wood    | 35.....Coral    |
| 6.....Candy   | 40.....Ruby     |
| 7.....Wool    | 45.....Sapphire |
| 8.....Pottery | 50.....Gold     |
| 9.....Willow  | 55.....Emerald  |
| 10.....Tin    | 60.....Diamond  |

# RHEUMATISM ARTHRITIS NEURITIS SCIATICA

## MINOR PAINS CAUSED BY THESE CONDITIONS OFTEN RELIEVED BY DR. CHASE'S KIDNEY-LIVER PILLS

Our files contain many letters from people who have found relief from minor rheumatic, arthritic, neuritic and sciatic pain, as well as backache, by taking Dr. Chase's Kidney-Liver Pills.

Remember, if you suffer in this way, that it took longer than a week for your body to reach its present condition of poor health; and it will probably take longer than a week to obtain relief. Many people report relief from Dr. Chase's Kidney-Liver Pills almost immediately; with others it may take ten days or longer, depending on your condition.

### REMOVING SPOTS AND STAINS

To remove spots or stains from silk, wool, cotton or linen, the following table has been found to be very helpful in determining what to use to remove various types of spots and stains.

- Grease, Oil or Wax....Benzine or Benzol
- Paint.....Ether, Acetone, Carbon tetrachloride
- Varnish.....Wood alcohol and Carbon tetrachloride
- Tar and Pitch.....Benzine, Benzol or Ether
- Blood.....Water followed by Neutral Soap with Wood alcohol

#### Ink Stains:—

- Marking Ink.....Benzine soap in Chloroform
- Writing Ink.....Weak solution of Oxalic acid

- Grass Stains.....Soap with Wood alcohol
- Scorch Stains.....Hydrogen Peroxide
- Fruit, Tea, Coffee, Wine and Beer.....Hydrogen Peroxide

It is advisable to duplicate the stain to be removed, on a small section of the same material and experiment in removing this stain first. Dyes today are often not all they should be and it is safer to check first before taking chances.

# BACKACHE

## Don't Go On Suffering Another Day Without Trying Dr. Chase's Kidney-Liver Pills

Men and women in every walk of life know the weary misery of the low-down, pressure pain in the small of the back. Often, such a pain is an indication of faulty kidneys; sometimes it is the result of sluggishness in the lower bowel.

For years, Dr. Chase's Kidney-Liver Pills have been bringing relief to people suffering with backache. Very often, backache results from getting wet feet, being exposed for long periods of time to the weather. Expectant mothers too are usually subject to backache due to increased pressure on the bladder and the additional duty imposed on the kidneys.

If you suffer backache, don't put it off another day. Ask for Dr. Chase's Kidney-Liver Pills. Read carefully the experiences of other people who suffered just as you do now and who at last turned to Dr. Chase's Kidney-Liver Pills for relief.

### A Few Extracts From Letters In Our Files

"As a miner, I am exposed to wet shafts and rain. Because of my work I would often suffer from kidney trouble. A fellow miner told me about Dr. Chase's Kidney-Liver Pills and I started to take them. I wish to express my sincere thanks for what these pills have done for me in relieving my kidney disorder."

Robert Craig  
Quesnel Forks, B.C.

"I was suffering with backache when a druggist suggested I take Dr. Chase's Kidney-Liver Pills. What a relief within two days. I cannot praise Dr. Chase's Kidney-Liver Pills enough."

Mr. A. O. Pederson  
Abbey, Sask.

"I had faulty kidneys and suffered a severe backache which made me most unhappy. After the first box of Dr. Chase's Kidney-Liver Pills, I felt a decided improvement and by the time I had taken three boxes, I felt completely relieved of my backache and other symptoms."

Mrs. H. V. Weber  
Mildmay, Ont.

"Dr. Chase's Kidney-Liver Pills certainly relieved me of backache. Before I took them, my back was sore all the time and I seemed

always to be tired. Now I can work in comfort, thanks to Dr. Chase's Kidney-Liver Pills."

Simon Cauvier  
293 4th Ave. E.  
North Bay, Ont.

"For a long time I had suffered from severe backache coupled with faulty kidneys. Then I saw Dr. Chase's Kidney-Liver Pills written up in your Almanac. I tried one box and they did me so much good I took six boxes and am happy to say Dr. Chase's Kidney-Liver Pills brought me great relief."

Mrs. Thally  
St. Paul, Alta.

(Continued on Page 25)

43c at all  
Drug Counters



# ARE MEN SUBJECT TO BACKACHE

*whatever their occupation?*



FARMER?



PROFESSIONAL  
MAN?



OUTDOOR  
WORKER?



OFFICE  
WORKER?



**"Yes!" ... SAY THOUSANDS**

Interviews with men, in all walks of life, show that backache is one of the most frequent causes of slowing up on work! For when your joints and back ache and you feel tired and worn out—you're no good on the job.

That's the time to check up on your kidneys and liver. For when these two important organs fail to rid the bloodstream of impurities—there's a decided slowing-up of your whole system. That's why so many men and women take Dr. Chase's Kidney and Liver Pills whenever they begin to feel tired, headachy and full of aches and pains.

You see, Dr. Chase's Kidney and Liver Pills are really **two** remedies in **one**—kidney pills and liver pills! No wonder so many say they feel **twice** as good after taking them. For more than fifty years Canadians have relied on Dr. Chase's Kidney and Liver Pills to help "clean out" their systems and help kidneys and liver to work more actively. Try them today.

# Dr. Chase's KIDNEY-LIVER PILLS